

SIGN-UP OPEN

Homeschool & Virtual Students

8 Weeks - Closed Groups ** 8 Seats Available per Group

Groups begin the week of April, 4, 2022

Ongoing Groups during the school year so if you miss a sign-up now,
you'll get additional chances in the fall!

New groups will be added as time permits!

Monday - 10:00 - 10:45 a.m. - 7th & 8th Grade Mindfulness Group

Wednesday - 9:00 - 9:45 am - 5th -6th Grade Friendship Group

Location

1451 East Lansing Drive, Suite 219 East Lansing, MI

(Across from Costco off Merritt Rd)

\$160.00 for full 8-weeks

(see website Group page for additional child discount)

Sign-up @ www.evolvecounselingoflansing.com

Materials Used:

Teen Friendship Workbook for Ester A. Leutenberg & John J. Liptak, Ed.D.
Mindful Schools Middle & High School Curriculum, www.mindfulschools.org

Facilitated by:

Evolve Counseling & Holistic Wellness, LLC

Kelly Roberson, MA, LPC, NCC

Licensed Professional Counselor

Educated K-12 School Counselor

K-12 Mindful Schools Educator